

**Step 1- Extent Local Wellness Policy Complies with USDA Requirements and
Compares to a Model Policy Tracking Tool**
Johnson County Central

Component	Description
<p>Select the Tool used for model LSWP comparison, upload the assessment in your folder: If another tool was used, list it here.</p>	<ul style="list-style-type: none"> • <u>Alliance for a Healthier Generation 10-step Checklist</u>
<p>Areas of Strength:</p>	<ol style="list-style-type: none"> 1. JCC’s Wellness Policy complies with all USDA Requirements and is thorough in language pertaining to the requirements. 2. JCC has a robust Physical Education and Health department. JCC students receive Physical Education daily in grades K-3. Grades 4-5 have Physical Education 3 times per week. Grades 6-8 have Health and Physical Education as part of the curriculum. High School students have Physical Education and Health as required courses. They also have the option of further Physical Education and Health courses throughout high school. 3. JCC encourages student movement throughout the day with many teachers having movement breaks. Elementary students have recess no less than twice a day. Middle School and High School students have time after lunch to use the gym and move throughout the buildings or even go outside to play.
<p>Opportunities for Improvement</p>	<ol style="list-style-type: none"> 1. JCC can do more to involve and engage the community and parents in the wellness of students. 2. JCC staff need more education on what healthy snacks can be offered and/or sold during school hours. 3. JCC administration can give the teaching staff more intentional tools and instructional materials

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	for the teaching of health and wellness in the classrooms.
<p>As a result of the comparison, was new language adopted in the LSWP?</p>	<p><input type="checkbox"/> Yes</p> <p><input checked="" type="checkbox"/> No</p>
<p>If yes, briefly describe what was adopted (include page numbers for new language if possible), Have the changes been approved by the school board?</p>	<p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>
<p>Describe the next steps for strengthening your LSWP.</p>	<p>No next steps for the policy. Communication with the community will be emphasized. Clear communication about requirements needs to be communicated with the public. Opportunities to engage and involve all stakeholders will be sought.</p>

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Discussion/Notes: